

# RIIWHS204D Work Safely at Heights

Falls are a major cause of death and serious injury in Australian workplaces. Fall hazards are found in many workplaces where work is carried out at height, for example stacking shelves, working on a roof, unloading a large truck or accessing silos. Falls can also occur at ground level into holes, for example trenches or service pits. Information, instruction and training is required when exposed to potential falls from working at any height. Duration 1 day.

### Requirements

- Participants must wear steel capped footwear. STO can provide Hi Visibility Clothing and Hard Hats. For any specific PPE requirements please contact STO
- English language skills need to be sufficient to understand and comprehend written and verbal instructions
- Numeracy skills are needed to interpret calculations and formulas

### Content

- Regulations and legislation
- Australian Standards
- Risk assessment and hazard elimination
- Equipment selection and use
- Anchor systems, selecting solid and reliable anchorage
- Fall restraint systems, selection of equipment and correct use
- Work positioning systems, selection of equipment and correct use
- Fall arrest systems
- Using energy absorbing lanyards
- Correct use of ladders

### Certification

On successful completion of this course, participants will be issued with a Statement of Attainment for **Work safely at heights – RIIWHS 204D**

Additional courses can be scheduled on demand please contact STO for further information

Time: 8am – 4pm Venue: Unit 15 – 16 Hopkins Street, Eden, NSW, 2551 Cost: \$310

### Further Enquiries

Brodie Ridley

Email or P 1300 659 349



## 2019 COURSE INFORMATION FOR RIIWHS204D WORK SAFELY AT HEIGHTS

### April 2019

Date	Course	Start time	Finish time	Location
Tue 09	RIIWHS204D Work Safely at Heights			Eden

### May 2019

Date	Course	Start time	Finish time	Location
Tue 14	RIIWHS204D Work Safely at Heights			Eden office

### June 2019

Date	Course	Start time	Finish time	Location
Tue 04	RIIWHS204D Work Safely at Heights			Eden office

### July 2019

Date	Course	Start time	Finish time	Location
Tue 02	RIIWHS204D Work Safely at Heights			Eden office

### August 2019

Date	Course	Start time	Finish time	Location
Tue 06	RIIWHS204D Work Safely at Heights			Eden office

### September 2019

Date	Course	Start time	Finish time	Location
Fri 06	RIIWHS204D Work Safely at Heights			Eden office

### October 2019

Date	Course	Start time	Finish time	Location
Tue 01	RIIWHS204D Work Safely at Heights			Eden office
Tue 29	RIIWHS204D Work Safely at Heights			Eden office

### November 2019

Date	Course	Start time	Finish time	Location
Fri 22	RIIWHS204D Work Safely at Heights			Eden office